

North East Regional Special Operations Unit Notification



NERSOU | *Protecting communities
from organised crime*
NORTH EAST REGIONAL SPECIAL OPERATIONS UNIT

Password guidance to keep your accounts secure

Create strong passwords

- Avoid using predictable passwords
- Don't re-use the same password across important accounts.
- A good way to create a strong and memorable password is to use three random words.



Look after your passwords

- You can write your password down, but keep it safe, and away from your computer.
- Most web browsers will offer to store your online passwords. It's safe to do this.
- A standalone password manager app will help you store strong passwords.



Use 2FA to protect your account

- Criminals will struggle to access any accounts that you've protected by 2FA.
- You should set up 2FA for important websites like banking and email.



What to do if your password is stolen?

- Change your password as soon as possible.
- If you have used the same password on any other accounts, you should change it there too.
- Use www.haveibeenpwned.com to check if your information has ever been made public in a major data breach.

