

# Volunteer role: Peer Mentor

## DiscoverME #ReinventUs

North Tyneside Recovery College for Young People



### What does DiscoverME offer?

DiscoverME is the recovery college for young people aged 16 to 25 in North Tyneside. It offers a safe and supportive space for young people to come and learn new skills, engage in positive experiences, and make new friends! DiscoverME's overall aim is to empower young people to better understand themselves and their own health. We will offer a variety of free activities and sessions such as arts and crafts, music, gaming, sports and more.

### Volunteer with DiscoverME

#### Peer Mentor

What this role will involve:

- Meeting with new young people ahead of attending a session to help them feel more at ease attending sessions in the community
- Offering support to young people within sessions where required

#### **Who can volunteer?**

- Any young person aged 16-25 years old
- No experience/skills/qualifications required
- No need to have a DBS prior to starting this role, but we will apply for one on your behalf before you can begin meeting young people without staff present

#### **What DiscoverME will provide to you as a volunteer:**

- Volunteer training
- Ongoing support from staff
- Learn new skills to put onto your CV
- Opportunities to develop
- Expenses
- Opportunity to meet other volunteers and young people your age
- Regular social "meet ups" to ensure our volunteers are rewarded for their hard work!
- All volunteers will be covered by VODA's policies and procedures

**How to apply:** Get in touch with our friendly staff for an informal chat!

Email: [discoverme@voda.org.uk](mailto:discoverme@voda.org.uk)

Mobile: 07598 893116 or 07543 281722