



VODA Annual Report April 2022 to March 2023

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Chair's Report: Jess Evans

It was with great pleasure that I took on the role of Chair in early 2023, having previously been Vice Chair. This last year has been one of change at VODA, in particular with the move to the new Spirit of North Tyneside Hub and a new CEO. However, the team has embraced these changes and continued to grow and adapt to the challenges faced in the sector and society as a whole. Thank you to all of the staff, volunteers, trustees, funders and wider stakeholders for your continued support.



I want to extend my thanks to outgoing CEO Robin Fry, who leaves behind a strong legacy and an organisation that is fit for purpose, having secured VODA's place as the voice of the sector. I wish him the best of luck in his new role!

I am delighted to welcome Vicky Smith as our new Chief Executive, who brings with her many years of senior sector experience, in particular with The Prince's Trust, and was able to step straight into the role and continue VODA's great work. I look forward to seeing what the future brings.

CEO's Report: Vicky Smith

Since joining VODA in October 2022, it has been a privilege to spend time getting to know the staff team, the work they do and the remarkable voluntary and community groups and organisations that make up the sector in North Tyneside. I have also greatly valued getting to know the wider network of public sector stakeholders, funders and organisations that work together to improve the lives of North Tyneside's residents.



We continue to build on long-established partnerships, as well as developing new ones, such as the Mental Health Alliance, a vital piece of work that brings together VCSE Mental Health providers in North Tyneside, building capacity, relationships, co-production and strategic development.

The new UKSPF funding due in late 2023 brings exciting opportunities for the sector and I am delighted that VODA will be lead partner the for the Volunteering and Social Action project across North of Tyne. There are many challenges ahead for the sector, but I am confident that Team VODA will continue to go from strength to strength.

Case study: Phoenix Detached Youth Project & VODA

Since 2004, as the local infrastructure organisation for North Tyneside, VODA has supported Phoenix Detached Youth Project as they strive to support young people in Meadowell, Percy Main, East Howdon, Royal Quays and Chriton. It is difficult to share almost 20 years of partnership and collaboration in one page, but here are some of the highlights.

STRATEGIC FUNDING SUPPORT

From complicated National Lottery bids, to identifying small funders for continuation funding.

ONGOING VODA FINANCE SERVICE

Since 2011 VODA hs supported P.D.Y.P. with Payroll, Monthly Accounts, Budgeting and Year End accounts.

YOUNG PERSON-LED MEDIA PROJECTS

Created media projects to raise awareness about organ donation, legal highs, knife crime and how to make GP surgeries more young person friendly.



VCSE ORGANISATION OF THE YEAR 2021 P.D.Y.P. awarded VODA VCSE Organisation of the Year.

PHOENIX INSPIRES DISCOVERME

2021 - Helping Hands, a partnership with PDYP and Connexions, inspired VODA's Young Person's Recovery College.

VODA is a lifeline for us. The staff are amazing, invisible to our success, but vital assets. They care about charities and the people we support. They are outstanding. Thank you from the bottom of our hearts for 19 years of support.

Mike Burgess M.B.E.



If it wasn't for the Phoenix, we would be on the streets, drinking and getting into trouble.



LOCAL PARTNER AWARDS

2020 & 2023 - VODA received the P.D.Y.P. Outstanding Local Partner award in recognition of our support.

SECTOR CONNECTOR

2020 - Local business donated laptops.



#iwill YOUTH SOCIAL ACTION

2022 - Partnered on Shy Bairns project. Young person-led social action projects such as an Easter Egg Hunt and Not-So-Secret Santa, Delivered a £5000 young person-led community grant (P10).

MENTAL HEALTH ALLIANCE

2023 - A member of the Alliance. Accessing training on Mental Health First Aid and Suicide Prevention.

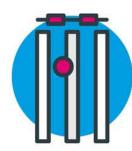
The targeted work they do as a small but vital charity is essential to supporting local young people and families.

Vicky Smith VODA CEO

Supporting the capacity of the voluntary sector

FUNDING SUPPORT

- Delivered **96 funding advice sessions** face-to-face or via phone, email or Zoom.
- Liaised with funders such as The National Lottery on behalf of groups
- Supported groups with application advice for the North Tyneside Health Inequalities fund.
- Attended 5 LIO/NE Funders Network meetings.
- Organised and delivered the North Tyneside VCSE Funding Fair for 30+ VCSE groups and 9 Funders.
- Panel member on 8 North of Tyne Crowdfunding panel meetings.



Seaton Burn Cricket Club were supported to successfully access £6600 from the 1989 Willan Charitable Trust (via the Community Foundation) for a ride-on mower to create new wickets to facilitate practice pitches for several new junior teams.

Wallsend Kinship Carers

VODA provided intensive and ongoing support to Wallsend Kinship Carers and liaised closely with their National Lottery Community Fund Grants Manager, helping to secure £51,000 for a disability-modified Respite Caravan and first-year running costs, augmented by another £1000 from the RW Mann Trust towards equipment needed.

The caravan now provides a much-needed respite break for nearly 20 kinship care families per year. Kinship Carers often care for children with multiple physical and learning disabilities and are from very economically deprived areas on an extremely restricted income.



GOVERNANCE

- Delivered 11 Trustee Training sessions to charity boards.
- Gave 42 VCSE groups and organisations governance advice over 122 sessions.

Cullercoats Football Club

Cullercoats Football Club was founded in 1915 and is an amateur club which operates junior, youth and senior teams. In 2022, VODA provided advice to the club when they wanted to change from a Community Associated Sports Club to a Charity CIO. VODA supported the club to create a new constitution and prepare for the online application with the Charity Commission. This was followed up with a governance training session for the new charity trustees to give them a better understanding of their roles and responsibilities as a trustee..

> Thank you for all your support. We've received approval on our application and are becoming a Clo! Thanks again, Scott Mason, Chairperson Cullercoats Football Club

33 Payroll clients 32 Year End Accounts

FINANCE SUPPORT

VODA's Finance Team continued their essential VCSE support with payroll, monthly accounts, year end and budgeting.

Supporting the capacity of the voluntary sector

SPIRIT OF NORTH TYNESIDE SECTOR HUB

In June 2022, after two years without an office and with thanks to funding from the **North of Tyne Combined Authority** and **North Tyneside Council,** VODA moved into the brand new Spirit of North

Tyneside VCSE Hub.

North of Tyne Mayor Jamie
Driscoll and North Tyneside
Mayor Dame Norma Redfearn
DBE, kindly unveiled the new hub
at a grand opening, followed by
an open day for local VCSE
organisations and groups to view
the new facilities.



The Hub has been designed to primarily serve small and micro-organisations supporting some of our most disadvantaged residents. It offers modern co-working space, face-to-face and virtual conferencing and training facilities and informal break-out areas.

Since opening, the Hub has welcomed new tenants, hosted a range of networking events, provided meeting room and hotdesking for local VCSE and held an in-house VODA AGM, allowing VODA to fully resume face-to-face meetings for the first time since March 2020.

Welcomed tenants Healthwatch North Tyneside to the hub



ELEMENTS ELEARNING

During the report period, there were **403 student enrolments** on the Elements eLearning Portal.

After the initial free period, a fee of £12 per course was introduced in order to support the costs of running the online platform. However, VCSE groups and organisations with an income of less thank £10K are eligible for a free course coupon.





Simple clear explanations, plenty of practice with the example to complete

A free Adult Safeguarding
Essentials course was released in May 2022, for all staff, volunteers and trustees in the sector. 226 students completed the course during this period.

MARKETING & COMMUNICATIONS

Increased engagement

- · Website visitors 26K
- Twitter +207
- Facebook +207
- Instagram +208
- ebulletin +120

VODA

Continued ad-hoc support for the sector, including advice on Social Media and Marketing Strategy. The VODA digital channels continue to see increased engagement,

Supporting the capacity of the voluntary sector

HEALTH INEQUALITIES FUND

A new Health Inequalities Grant Programme, developed by members of the **Better Together Group**,



awarded grants of between £10,000 and £30,000 to fourteen VCSE sector organisations. Funding has been provided by NHS North East and North Cumbria ICB and North Tyneside Council, with the grant programme being administered by VODA.

Grants have supported residents with a range of issues, from arthritis peer support, cookery sessions, community gym, activity classes for older people, cuppa clubs, cycling for families, sports for people who are deaf and hard of hearing, befriending, disability sports and activities and more.



Befriending





Linskill Centre Healthy Cooking Sessions

Research into the Health Inequalities Fund process by Wavehill Social and Economic Research has found that "VODA's role in the grant administration had influenced some organisations' decision to apply. This was due to the relationships, trust and connection VODA has with the VCSE sector in North Tyneside."

12 week programme

LIVING WELL NORTH TYNESIDE

The Living Well North Tyneside Partnership undertook a review of the platform with Sunderland Software City, thanks to support from the Digital Pathfinders Scheme. The review led to the creation of a programme of improvements to be implemented to improve the website visually and functionally.



To support the programme of improvements, the LWNT team also undertook a large data cleanse activity, liaising with provider organisations to add logos, images, social media links and more.



Lead Care Navigator Ellen

Uses LWNT to find activities and events for patients. She finds it beneficial to have lots of relevant, local information available in one place and has since been able to offer

patients more of a variety of services. Using LWNT has saved Ellen time, which gives her more capacity during the day.

LWNT Provider Engagement and Networking



LWNT hosted a networking event for its providers which saw more than thirty North Tyneside-based VCSE organisations attend to connect and learn more about how they could use the LWNT platform. Providers shared advice, heard more about the upcoming website redevelopments and found out what's happening in the local community.

GOOD NEIGHBOURS

Good Neighbours continues to support residents in North Tyneside, aged 18+ who can't do tasks due to age, health, or disability and have no one to turn to for help. They had a busy year, supporting beneficiaries with shopping, gardening, DIY, and buddy support. They also engaged with locals to raise awareness and offered a social shopping scheme to combat loneliness.



781 Shopping Trips



Beneficiaries Supported



17 buddies supported 17 beneficiaries



88 Gardening Tasks



1805 hours on Volunteero



1035 Acts of Kindness



Sector Connector Collaboration

Provided Good Neighbours volunteering opportunities for local business.

Volunteers from EE, BT and IPS Plastics helped with garden tidy-ups, helping residents as well as providing team building opportunities.

John and Carlos

Buddy Carlos supported John after he suffered a stroke, going for walks and to the social shopping scheme. John's confidence grew, he became more conversational and engaging and his mobility improved. The pair get on tremendously and have been out to new places to meet different people.



SECTOR CONNECTOR

Continuing to support the VCSE by connecting the business community with the sector, facilitating a whole range of business support for voluntary and community groups.





14 free workshops and drop-in sessions were delivered to over 50 local VCSE organisations and groups by local businesses. The free two-day Mental Health First Aid training, delivered by Morgan Sindall, has saved voluntary organisations over £7000.

Rothwell Plumbing and Lovaine Community Garden

When Lovaine Community Garden needed help with a broken water supply, they contacted Sector Connector to see if any local businesses could help. Thankfully, Rothwell Plumbing Services stepped in and fixed their water supply. Not only that, Rothwell also improved the hoses/connections, lagged the pipes to prevent further frost damage, and provided a new sink to wash pots.

Following this, Sector Connector has been organising corporate volunteers for upcoming projects in the garden.



NT LIFE RECOVERY COLLEGE

Continued growth saw NT LIFE delivering 18 sessions per week, which have been attended by 147 participants, with 117 of these new to the project.

Empowered me to be able to return to work. NT LIFE has focused on moving participants to a 'brave space' by supporting them into external activities, learning and employment.

NT LIFE welcomed 2 peer supporters from Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, one now runs the book club, and the other has co-created and co-facilitated the new Get2Gether session.

The team delivered self-care sessions for North Tyneside Carers' Centre, Age UK North Tyneside and collaborated with Higher Effects CIC to enable shared activities for crafting. Reiki and kayaking

NTLIFE literally saved my life. Giving me worth and purpose, I am like a Phoenix re-emerging from the ashes.

















DISCOVERME

DiscoverMe is the North Tyneside Recovery College for young people aged 16-25.

Delivered in partnership with Barnardo's The Base, DiscoverMe launched in February 2022.

10 young volunteers

plan, design & co-facilitate

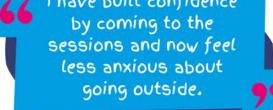
sessions.

DiscoverMe Summer Roadshow: Activities at different venues in North Tyneside, which included arts and crafts, a mindfulness picnic and walk, a gaming session and a movie night.

Co-production with Young People: Thanks to feedback from the Roadshow and the support of the young people who volunteered, a new programme of activities was developed.

Regular Sessions: Launched a range of regular sessions, including: Mindful Kitchen Cooking, Arts and Crafts (Express Don't Stress), GameAholics. Soothe and Self-Care and a Life Skills Workshop. With the plan to continue to grow this offer over year two of the project.

I have built confidence by coming to the sessions and now feel less anxious about going outside.



GROW & EAT

Launched in October 2022, with support from Active North Tyneside and Public Health, the aim of Grow & Eat is encourage residents and communities of North Tyneside to grown their own fruit and vegetables, no matter how big or small the space.

By the end of March 2023,a total of £4239.91 was awarded in Grow & Eat grants to 8 local organisations. March also saw the first Grow & Eat network event, attended by 13 groups.

Grow & Eat seed sowing sessions showed residents how to grow indoors, using repurposed plastic food containers and a Beginners Guide to Growing Your Own Food was published.

BEST START

Best Start was set up in 2022, with support of North Tyneside Council, to foster positive breastfeeding peer support for new mothers in North Tyneside by linking parent volunteers with experience of breastfeeding to new parents.

Sessions were launched in Whitley Bay, North Shields and West Moor in the Summer. 19 peer support volunteers were trained up to support the 105 sessions, that were attended by around 280 new parents.

to attending Best
Start. It is such a
valuable resource.

VOLUNTEER CENTRE



The Volunteer Centre received a total of **440** volunteer enquiries through the VolunteerPlus platform. Totalling **150** roles and involving **75** different organisations. A dedicated Facebook page advertised **225** different volunteering roles. **25** organisations were newly registered on VolunteerPlus, increasing the diversity of volunteering roles available.

Ukraine Emergency Support

From May to September 2022, in partnership with North Tyneside Council and the British Red Cross, **20 volunteers. donated 140 hours** to staff a weekday morning welcome desk at the North Shields ferry terminal to **provide support to refugees from Ukraine.** This included SIM cards, directions, information, a warm welcome, toiletries, snacks and teddies. The ability of the Volunteer Centre to arrange support for the scheme at short notice was beneficial in supporting new arrivals.

MICRO VOLUNTEERING

VODA delivered 18 no-pressure, low commitment micro-volunteering sessions to help break down barriers for those who may otherwise be unable to take part, but want to help make a difference.

-Bird Feeders
-Christmas
Decorations
-No-sew Dog
Blankets





Norham Community Wing Supported an environmental project with students from Employment and Skills to make decorations for a care home Jubilee party.

#IWILL SHY BAIRNS PROJECT

The Shy Bairns is a **youth social action project** in partnership with Phoenix Detached Youth Project (P.D.Y.P.) that aims to create a space for young people to improve their local community through group social action.

The young people organised and took part in some extremely successful social action initiatives, including creating 10 rough sleeper kits, a Not-So-Secret Santa, which saw £5000 worth of gifts donated and distributed to local children, a free Easter Egg hunt, as well as cleaning up an urban art space and a tea and bingo night for residents of a residential home.

Shy Bairns Grant

A group of nine young people managed a fund to be distributed to local organisations through a grant process. They decided that the grants should be used to improve mental health and wellbeing for all ages and they awarded nine organisations £500 each.

Mindstars would like to say a
HUGE THANK YOU to Shy Bairns,
#Iwill project, Phoenix Detached
Youth Project and North
Tyneside VODA for our amazing
new SENSORY ROOM!









HELP ME BE DIGITAL

The Help Me Be Digital project has been active across North Tyneside since May 2022. The project **enables residents to be as independent as possible and feel more connected** to their community by encouraging them to use digital equipment and **increase their digital confidence and skills.** The support was delivered via a series of drop-in sessions at shopping centres, GP practices and local events. Helping people with **email, the NHS App, online shopping, social media, online safety** and much more.

Residents less likely to fall for online scams **37 drop-ins** at 10 different community venues and **101 individual requests.** which included a range of digital skills such as using email and using the NHS app, social media and online shopping.

21 volunteers registered to be part of the project, and 8 volunteers have completed the entire onboarding process and their volunteer training.



Supporting organisations and communities to come together

MINORITY ETHNIC HEALTH & WELLBEING WORKER

In the last year, VODA's Minority Ethnic Health Development worker has spent time understanding the different VCSE groups and faith-based organisations supporting minority ethnic communities in North Tyneside. The aim was to understand the work they do, which



communities they support and **identify the barriers and challenges** the people they work with face when **accessing health services** in the borough.

The project also gathered the views of people living in North Tyneside, to understand their experiences of visiting their GP and what barriers they face. Community conversations were developed and delivered in partnership with Walking With in North Tyneside, New to the UK, and the Whitley Bay Islamic Cultural Centre.

The views of residents were gathered in a report to Public Health, which identified some common themes and factors which have an impact on a positive and accessible experience.

NORTH OF TYNE VOLUNTEERING PARTNERSHIP

As part of this five year partnership with Connected Voice, Newcastle Volunteer Centre and Northumberland CVA, VODA's **Sector Connector model was rolled out to Newcastle and Northumberland.** The partnership has developed a protocol that enables sharing of volunteering vacancies across the North of Tyne area more easily and has commenced the development of the volunteering best practice guides for organisations and individuals.

MENTAL HEALTH ALLIANCE

The North Tyneside Mental Health
Alliance project started in June 2022.
The aim of the project is to build a
place-based alliance of voluntary,
community and social enterprise sector
organisations, ready for partnership
working and procurement.



A two-year programme of capacity building, relationship building, co-production and strategic planning is currently underway. This includes voluntary, community and social enterprise (VCSE) sector organisations being supported to work better together in a collaborative and co-produced way to create a credible and valued partner to the NHS and North East and North Cumbria Integrated Care System.

March 2023 34 VCSE Members signed up to alliance

The alliance held an inaugural members meeting in March 2023 facilitated by theatre, drama and creative learning charity, Mortal Fools who have been helping to develop the Terms of Reference and Cultural Values for the alliance.

Building trusting relationships has been at the heart of the alliance work to date to ensure the project gets off to the best possible start.

There are lots of exciting plans for the alliance, including training and networking events and identifying priorities to work on together as a collective demonstrating the power of working together to better support people with their mental health and wellbeing.

Supporting organisations and communities to come together

ENDING LONELINESS PARTNERSHIP

The purpose of the Ending Loneliness Partnership is to **tackle the growing problem of loneliness** in North Tyneside. Every resident should have the opportunity to regularly socially interact with others, take part in meaningful activities and **feel part of their local community.** Partnership Members: North Tyneside VODA, Citizens Advice North Tyneside, North Tyneside Carers' Centre and Age UK North Tyneside.

Activities during the year:

- Volunteer thank you events
- Volunteer Christmas party
- Intergenerational Easter crafts
- Joint outreach events to identify what people wanted to see in their local area/how they wanted to connect.

Engaged with over 300 people across a range of outreach events The team visited locations across the borough; Whitley Bay Islamic Centre, Whitley Bay Shopping Centre, Wallsend Forum and Marketplace, North Shields Beacon Centre and Killingworth shopping centre to raise awareness of the services available from the partners.





You are providing a

wonderful service. I

don't know what I

would do without it.

NORTH SHIELDS HERITAGE ACTION ZONE

North Shields High Street Heritage Action Zone, a £2.6m project funded by North Tyneside Council and Historic England, focused on revitalizing the Northumberland Square conservation area, which also included Howard Street.

VODA is the lead on the Cultural Consortium programme, which is delivering a range of activities and events with the local community to explore the rich culture and heritage of North Shields.

Helix Arts: "Make it Happen" empowering residents to co-produce arts and cultural events inspired by local heritage. Included an art exhibition and the writing and performance of the play 'A Christmas Cluedo'. Photo credit TyneSight Photography.









The North Shields Heritology Project: Worked with 5 schools exploring topics such as: The Wooden Dolly; the abolition of slavery and the North Shields Quakers; and, crime and the history of the shipyards. Videos of these can be viewed at heritologists.com.

Remembering the Past: Worked with residents to produce an exhibition 'Gannin Shopping in Shields' a look at the history of North Shields as an important shopping centre. As well as exploring the history of Howard Street in the Edwardian and Victorian eras.

Representation

We facilitated, attended and contributed to a wide range of strategic meetings and events, speaking in the best interests of the VCSE sector in North Tyneside:

- Better Together Partnership
- Children & Young People's Mental Health System
- Community Mental Health Transformation Group
- Community Mental Health Transformation Steering Group
- Digital Inclusion Group
- Ending Loneliness Partnership
- Future Care Board
- Heritage Action Zone Cultural Consortium
- Leaders Together
- Living Well North Tyneside Board
- · Living Well North Tyneside Partnership
- Mental Health Alliance
- North East Funders Network
- North of Tyne Volunteering Partnership
- North Tyneside Business Forum
- North Tyneside Cabinet
- North Tyneside Mental Health Providers Forum
- North Tyneside Strategic Partnership
- North Tyneside Volunteers Network
- Social Prescribing Providers Forum



UK SHARED PROSPERITY FUND

The UK Shared Prosperity Fund is a central pillar of the UK Government's Levelling Up agenda, with the North of Tyne Combined Authority as the lead authority in the region. VODA is a partner in two successful UKSPF funded projects, which will run until March 2025.

North Tyneside Community Partnership

Led by North Tyneside Council and managed by VODA, this £1.5m project will focus on strengthening community infrastructure, supporting impactful community initiatives and increasing volunteering opportunities in the North West of the Borough to include Weetslade, Camperdown and Longbenton wards. £1.25m will be invested in the form of community grants programmes.

Volunteering and Social Action Programme

VODA is leading a coalition of organisations across the North of Tyne, including Connected Voice, Northumberland CVA, Volunteering Matters, Community Action Northumberland, Blyth Valley CVA and The Key. The coalition will build on the existing North of Tyne partnership work to strengthen the volunteer offer for residents, by identifying the gaps in volunteer provision and increasing volunteering opportunities. It will also look to strengthen the infrastructure, training and governance of VCSE organisations to better support volunteering and deliver social action projects.





Our Trustees

VODA is governed by an elected Board of Trustees that have overall control of the charity, its property and funds. VODA's Trustees meet on a bi-monthly basis to shape the charity's vision, ensuring we have a clear strategy and sufficient funds to deliver our objectives. The active contribution of Trustees is essential to the continuing success of VODA.

- Jess Evans (Chair)
- Laura Lowther (Chair) stood down in February 2023
- Linda Hoffman (Chair) stood down in November 2022
- Andy Burtenshaw (Vice Chair)
- Julie Eastlake (Treasurer)
- Hazel Parrack stood down in November 2022
- David Bavaird stood down in January 2023
- Peter Thomas
- Ray Lowry
- Richard Hart
- Alan Hall stood down in November 2022
- Louise Patterson stood down in November 2022
- Phil Hornby









Our Staff Team



Staff employed at VODA during this period.

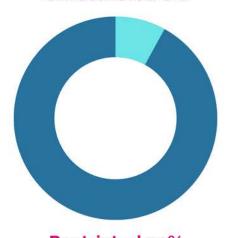
Alex Henry Alex Woolley Ali Donkin Alice Holliday Claire Howard Colin Bell Elizabeth Fry Emma Bradwell Frank Gillender Hannah Barugh lan Dodds Jen Hewitt Jen Mars Jess Shaw Jillian Lamb Jo Woolley Josie Robinson

Juliana Tan
Julie Bishop
Katie Allen
Keith Hardy
Kirsty Christofi
Koli Begum
Lynsey Finlayson
Mark Thompson
Phil Bagnall
Rebecca Southern
Robin Fry
Vicky Batsioudi
Vicky Smith
Victoria Logan-Coulsey

Income and Expenditure

TOTAL INCOME £1,552,463

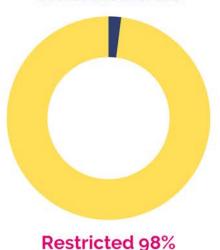
Unrestricted 8%



Restricted 92%

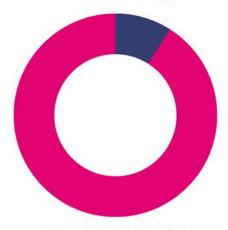
TOTAL NET INCOME £448,470

Unrestricted 2%



TOTAL EXPENDITURE £1,103,993

Unrestricted 9%



Restricted 91%

This is a summary of VODA's accounts for 2022 to 2023.
A full copy is available on request

Our Funders

We are grateful to the following funders who have supported our work during this period.

- Barnardo's
- Community Foundation
- European Social Fund (ESF)
- Hadrian Trust
- Historic England
- National Lottery Community Fund
- NAVCA
- North East North Cumbria ICB
- North Tyneside Council
- North Shields Primary Care Network
- North West Primary Care Network
- Rothley Trust
- SAGE Foundation
- Sir James Knott Trust
- TyneHealth
- Virgin Money Foundation
- Wallsend Primary Care Network



North Tyneside Voluntary Organisations Development Agency (VODA) Spirit of North Tyneside Wing,

2nd Floor, Wallsend Customer First Centre, 16 The Forum, Wallsend, NE28 8JR T: 0191 643 2626 E: admin@voda.org.uk W: www.voda.org.uk X: @NTynesideVODA Facebook: @NTVODA

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